



PAULINE BAKER RODGERS

School of Dance

PBR Dance Duncansville 2023-2024

1145 Plank Road Duncansville (In the plaza of Holiday Pools and Spas)

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2023-2024 Recital Class Schedule

Monday 1	Tuesday 1 2		Wednesday 1 2		Thursday 1 2	
5y Ballet/Tap 4:30-5:30		Acro 1 4:15-5:00	4-5y Ballet/Tap 4:30-5:15 (RETURN 4's)	Jazz 1-2 4:30-5:15	3-4y Ballet/Tap 3:45-4:30	Acro 2 4:00-4:45
6y Ballet/Tap 5:30-6:30	5-6y Ballet/Tap 5:00-6:00	7-8y Jazz/HH 5:00-6:00	3-4y Ballet/Tap 5:15-6:00	HipHop 1-2 5:15-6:00	Pre-Pointe 1	Ballet 1-2 4:45-5:45
7-8y Ballet 6:30-7:15	7-8y Tap 6:00-6:30	5-6y Jazz/HH 6:00-6:45	5-6y Jazz/HH 6:00-6:45	Acro 3 6:00-6:45	Tap 1 5:45-6:15	Pre-Pointe 2 5:45-6:15
7-8y Tap 7:15-7:45	7-8y Ballet 6:30-7:15	5+ IntroAcro 6:45-7:15		Lyrical/ Contemp 3 6:45-7:30	Tap 3 6:15-7:00	Lyrical/ Contemp 1-2 6:15-7:00
		Acro 1 7:15-8:00		Jazz 3 7:30-8:15	Tap 2 7:00-7:45	Ballet 3 7:00-8:00
				HipHop 3 8:15-9:00		POINTE 8:00-8:30

-The class schedule may vary based on enrollment and class size.

-Dance-With-Me, FlipHop, Intro to Dance sessions- Email dancepbr@gmail.com with interest.

-Class cancellations due to weather emergencies or any other situation that requires class on location/in person to cancel could be made-up on a different weekday/weekend, scheduled vacation date or possibly virtual via Zoom.

2023-2024 Calendar Information

Back to Dance:

Thursday September 7th

Monday September 11th

Tuesday September 12th

Wednesday September 13th

Vacation Dates/No Class:

October 26th

November 21st-November 27th

December 20th-January 2nd

March 27th-April 2nd (unless used for class makeup due to weather cancellations)

Nutcracker Performances at the Mishler Theater:

December 8th & 9th 7:30pm & December 10th 2:00pm

*Classes participating are tentatively the Level 1,2,3 Ballet classes and the 7-8y ballet class. Practices will take place during regular scheduled class time and costumes will be provided. Dancers will be responsible for purchasing the required shoes and tights.

Rehearsals:

Dress rehearsal December 2nd at the PBR Altoona Studio

December 4th-6th at the Mishler

Dress Rehearsal December 7th at the Mishler

Recital Rehearsal/Staging/Tech Week: May 14, 15, 16

Schedule TBD, please mark afternoons/evenings off your schedule for this week.

Tentative schedule:

Act I & II (Ballet) rehearsal Tuesday, May 14th

Act III rehearsal Wednesday, May 15th

Dress Rehearsal Thursday, May 16th @ 6:00pm

Annual PBR Dance Recital @ Jaffa Shrine May 18th 2024 6:00 PM- Please see the class descriptions for participating classes.

PBR Duncansville Classes & Required Dance Attire

Developmental Classes *Age 9 as of 1/1/24 *Students new to PBR Dance age 9+ should email dancepbr@gmail.com prior to registration to discuss class placement. *Classes may change based on enrollment. Please email dancepbr@gmail.com for questions related to class placement.

Class & Level	Requirement	Class Description	Required Dance Attire
Ballet 1-2 Thur 4:45-5:45	-Returning ballet 1-2 from '22-'23 Age 9 by 1/1/24	-Focuses and expands on the ballet technique & material previously covered. -Prepare 1 ballet dance for the annual recital.	-pink tights -Capezio Juliet ballet shoes in pink
Ballet 3 Thur 7:00-8:00	-Age 12 by 1/1/24 -Completed '22-'23 Level 3	-New students aged 9 please enroll in the 7-8 year combo class. -New students aged 10+ will be evaluated for placement, please email dancepbr@gmail.com -Ballet 1, 2, & 3 will participate in the Nutcracker	-ballet leotard (no crop tops) -hair pulled back- bun is preferred when possible
Pre-Pointe 1 Thur 4:30-4:45	-Level 1-2 ballet	-Pointe focuses on strengthening exercises, safety and techniques for students who received pointe shoes last season	
Pre-Pointe 2 Thur 5:45-6:15	-Level 2 ballet Returning pre-pointe '22-'23	-Pointe shoes will be introduced for pre-pointe students at the discretion of the instructor. Please wait to purchase.	
Pointe(level 3) Thur 8:00-8:30	-Students who received pointe shoes '22-'23		
Jazz 1-2 Wed 4:30-5:15	-Ballet 1 & Ballet 2	-Developmental jazz offers a variety of jazz techniques & styles utilizing the foundation that ballet prepares.	-leotard with tight dance shorts -jazz shoes or capezio pirouette leather shoes in caramel *Recital shoes are TBD
Jazz 3 Wed 7:30-8:15	-Ballet 3	-Prepares 1 dance for the annual recital	-hair pulled back
Acro 1 Tues 4:15-5:00 Or Tues 7:15-8:00	Age 5+ Skills mastered individually: -5 second bridge -Forward roll -cartwheel	-Acro focuses on flexibility, strength, balance, tumbling, acrobatic skills with a curriculum designed to continue individual development. -Acro 2 & 3 will prepare 1 acro dance for the annual recital	-leotard/optional tight shorts -no shoes required -hair pulled back
Acro 2 Thur 4:00-4:45	Skills MASTERED individually & correctly -backwalkover -roundoff -right & left cartwheel	-Acro 1 will not participate in the annual recital, no costume purchase required. -Placement may be adjusted by instructors based on enrollment totals regardless of skill. -Please view the required skills for placement regardless of ballet level.	
Acro 3 Wed 6:00-6:45	-Level 3 dancer with previous PBR Dance acro experience		
Tap 1 Thur 5:45-6:15	-Returning tap students age 9 by 1/1/24	-Produce a variety of sounds & rhythms with the metal taps on the shoes. Developmental tap class will review and expand on previous material.	-tan oxford style tap shoes from The Dance Shop or PBR Dance
Tap 2 Thur 7:00-7:45	-Completed '22-'23 Level 2 tap	-Prepares 1 dance for the annual recital	-form fitting dance clothes
Tap 3 Thur 6:15-7:00	-Completed '22-'23 Level 3 tap	-Level 1,2,3 dancers adding tap this season, please email dancepbr@gmail.com for placement	
HipHop 1-2 Wed 5:15-6:00	-Age 9 by 1/1/24	-HipHop focuses on various HipHop styles encouraging precision, strength, rhythm and timing.	-form fitting athletic attire -clean HipHop shoes/sneakers designated for HipHop class only (no particular style required for class)
HipHop 3 Wed 8:15-9:00	-Completed '22-'23 Level 3 HipHop	-Prepares 1 dance for the annual recital. -New HipHop students, please email dancepbr@gmail.com for placement	
Lyrical/Cont1-2 Thur 6:15-7:00	-Ballet 1 or Ballet 2	-The Lyrical/contemporary combo class is a fusion of ballet and jazz dance techniques.	-leotard with or without tight dance shorts
Lyrical/Cont 3 Wed 6:45-7:30	-Ballet 3	-Prepares 1 dance for the annual recital.	-Pirouette leather shoes in caramel -hair pulled back

Age 3-8 Classes *Age as of 1/1/24

Please purchase the class specific tutu or dance dress from The Dance Shop, Altoona PA

Level	AGE	Class Description	Required Dance Attire
Age 3-4 Ballet/Tap Combo Class OPTIONS: Wed 5:15-6:00 Thur 3:45-4:30	Age 3 by 1/1/24 & age 4	-This combo class meets 1 day/week and focuses on ballet & tap techniques with a variety of fun movement activities, students will begin to learn choreography. -Dancers will begin with BALLETT ONLY, tap will be added per instructor. It is best to hold off purchasing tap shoes until notified. -Prepares 1 ballet dance for the annual recital.	-Lily Capezio ballet shoes in pink -pink tights -pink dance TUTU on file with The Dance Shop -hair pulled back as much as possible (working towards a bun as hair growth allows) -tap shoes (please wait to purchase): MaryJane or Tyette Capezio in shiny black patent or order through PBR Dance
Age 4-5 Ballet/Tap Combo Class Wed 4:30-5:15	Age 4 students who completed '22-'23 3-4y	-This ballet/tap class meets 1 day/week and focuses mainly on ballet/movement techniques with tap also incorporated. -Prepares 1 ballet dance for the annual recital.	-Lily Capezio ballet shoes in pink, pink tights -pink dance dress on file with The Dance Shop -hair in a bun or clean pony -tap shoes: MaryJane or Tyette Capezio in shiny black patent or order through PBR Dance
Age 5-6 Ballet/Tap COMBO CLASS OPTIONS: 5y Ballet/Tap Mon 4:30-5:30 6y Ballet/Tap Mon 5:30-6:30 5-6y Ballet/Tap Tue 5:00-6:00	Age 5 by 1/1/24	-This ballet/tap combo class meets 1 day/week and focuses on ballet techniques with a variety of fun movement activities. -Prepares 1 ballet dance & 1 tap dance for the annual recital. (1 costume purchase as 2-in-1) -Please select the class based on the information listed with each class time option. -New students age 5 should register for the 4-5 year ballet class. -New students age 6, please email to register	-Lily Capezio ballet shoes in pink -pink tights -pink dance dress on file with The Dance Shop, -hair in a bun or clean pony -tap shoes: MaryJane or Tyette Capezio in shiny black patent or order through PBR Dance
Age 7-8 Ballet (2015-2016 birth) OPTIONS: Mon 6:30-7:15 Tue 6:30-7:15	Age 7 by 1/1/24	-This ballet class meets 1 day/week and focuses on ballet & techniques with a variety of fun movement activities. -Prepares 1 ballet for the annual recital. -Participation in the Nutcracker performance.	-Lily Capezio ballet shoes in pink -pink tights -black dance dress on file with The Dance Shop or black or pink leotard/no skirt -hair in a bun or clean pony
Age 7-8 Tap OPTIONS: Tue 6:00-6:30 Mon 7:15-7:45	Age by 1/1/24	-Produce a variety of sounds & rhythms with the metal taps on the shoes. -Prepares 1 dance for the annual recital	-tap shoes: MaryJane or Tyette Capezio in shiny black patent or order through PBR Dance -form fitting dance clothes
Intro to Acro Tue 6:45-7:15	Age 5+ by 1/1/24 & NEW TO ACRO	-Acro focuses on flexibility, strength, balance, tumbling, acrobatic skills with a curriculum designed to continue individual development. -Intro to Acro & Acro 1 do not participate in the annual recital, no costume purchase required. -Please enroll in Intro to Acro if not yet mastered the following:	-leotard with or without tight shorts -no shoes required -hair pulled back
Acro 1 OPTIONS: Tue 4:15-5:00 Tue 7:15-8:00	Age 5+ SEE SKILLS REQUIRED	-5 second bridge (head off of the ground) -Forward roll -cartwheel	
Jazz/HipHop Combo Class Age 5-6 Tue 5:45-6:30 Age 7-8 Tue 5:00-5:45 ADDING ONLY IF CLASS FILLS: Age 5-6 Wed 6:00 Age 7-8 Wed 6:45	Age 5-6 (2018-2017) Age 7-8 (2016-2015)	-Jazz will focus on jazz technique, skill development, jumps, leaps, turns, flexibility and choreography. HipHop will focus on rhythm, precision, and various styles of HipHop. -Prepares 1 dance for the annual recital (style choice by instructor). Only 1 costume purchase required.	-leotard with tight dance shorts -Jazz shoes- caramel color from The Dance Shop or order through PBR Dance *Recital shoes are TBD -HipHop: clean sole street shoes/sneakers designated for HipHop class only (no particular style required for class)

Session Classes *Age as of 1/1/24

REGISTRATION IS NOT YET AVAILABLE FOR OUR SESSION CLASSES. Please email dancepbr@gmail.com with interest to receive schedule updates as classes become available.

Level	AGE	Class Description	Required Dance Attire
Dance-With-Me	18 Mo-36Mo & adult	-Dance-With-Me class is a creative movement class with a combination of movement activities for the dancer & adult together.	No requirement. Please choose clothing that dancers can move in safely. Students often wear dance clothes such as a leotard or tutu.
FlipHop Combo Class	Age 3-5	-FlipHop will be offered in sessions of 6 classes and will not participate in the annual recital. -FlipHop is a combination of tumbling & HipHop basics with fun movement activities incorporated.	No requirement. Please choose clothing that dancers can move in safely. Students often wear sneakers for HipHop, please make sure the soles are clean.
Intro to Dance	Age 2.5-3	-Intro to dance will be offered in sessions of 6 classes and will not participate in the annual recital. This class will focus on ballet and movement basics with the goal of preparing dancers for the next season recital class.	Students may wear a leotard, dance dress or tutu of their choice along with tights and ballet shoes.